

LEFT EYE GRID

95

8743

284379

638947

835792

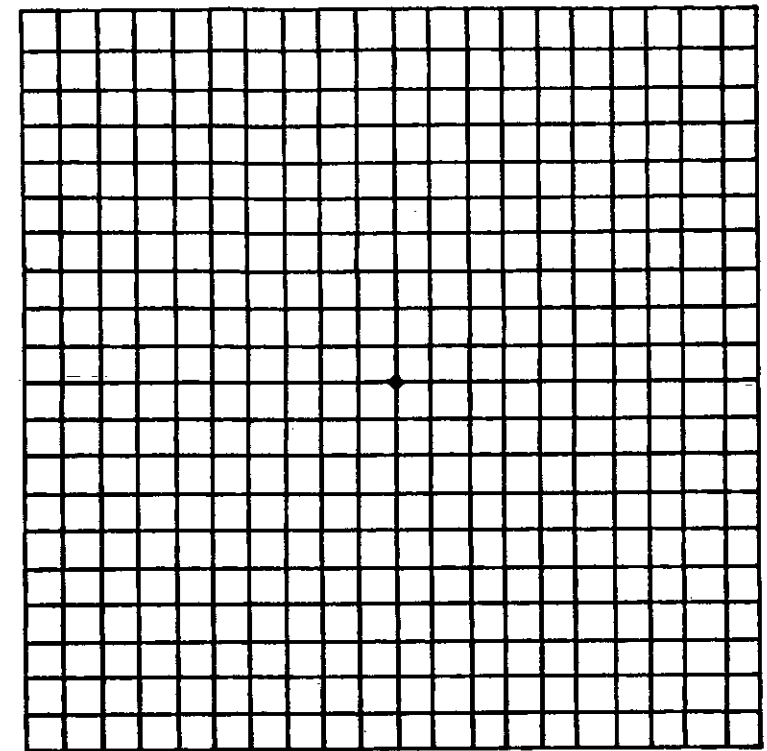
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$\frac{20}{500}$
 $\frac{20}{400}$
 $\frac{20}{300}$
 $\frac{20}{200}$
 $\frac{20}{100}$
 $\frac{20}{75}$
 $\frac{20}{60}$
 $\frac{20}{30}$
 $\frac{20}{15}$

NEAR VISION CHART



RIGHT EYE GRID

PROPER USE OF THESE GRIDS AND NEAR VISION CHART WILL ENABLE YOU TO DETECT CHANGES IN YOUR VISION.

- 1. PLACE IN SOME HANDY, WELL-LIGHTED PLACE, SUCH AS ON YOUR MIRROR, WHERE YOU CAN LOOK AT IT EACH MORNING, AT APPROXIMATELY 12 TO 14 INCHES FROM YOUR FACE.**
- 2. WEAR THE GLASSES YOU NORMALLY WEAR FOR READING — IF YOU WEAR BIFOCALS, USE THE BOTTOM PORTION (THE READING PORTION) OF THE GLASS.**
- 3. COVER ONE EYE AND WITH THE OTHER EYE LOOK AT THE CENTRAL BLACK DOT. ALL THE LINES SHOULD BE STRAIGHT AND NOT BROKEN. MARK WITH A PENCIL ANY AREAS OF DISTORTION, ANY GRAY OR BLURRED SPOTS WHERE THE LINES ARE MISSING. NOW CHECK YOUR OTHER EYE. IF ANY CHANGES ARE PRESENT AND YOUR DOCTOR IS NOT AWARE OF THEM, NOTIFY HIM PROMPTLY.**

EACH MORNING, CHECK EACH EYE TO DETECT ANY CHANGES ON THE GRID AND THE NEAR VISION CHART. IF YOU NOTICE NEW AREAS OF DISTORTION (WAVY LINES INSTEAD OF STRAIGHT LINES, ENLARGEMENT OF THE BLANK SPOT - ESPECIALLY IN THE CENTRAL VISION AREA NEAR THE DOT), YOU SHOULD CONTACT YOUR DOCTOR AS SOON AS POSSIBLE.